

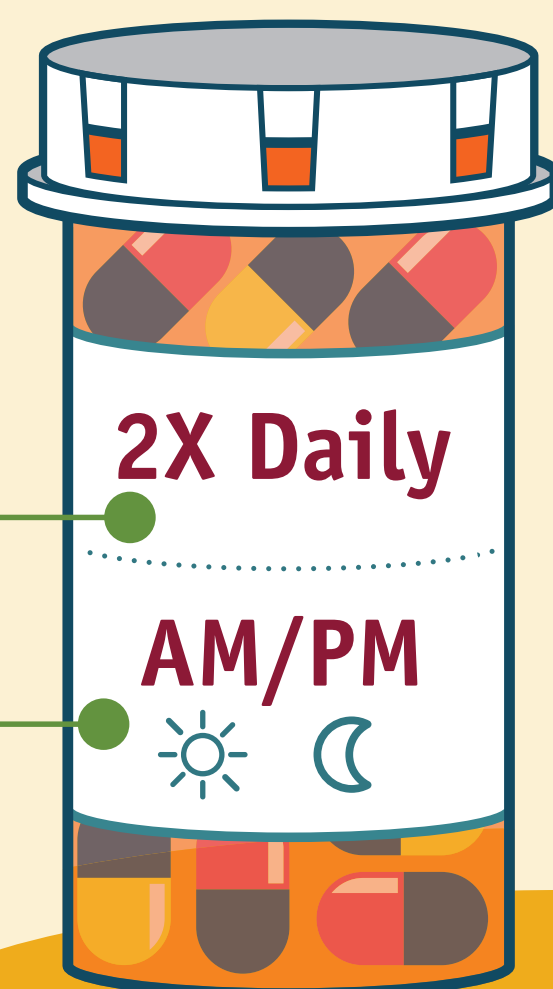
Let's talk about taking medications as prescribed



If you **skip, change,**
or **ignore your**
medicine, it can be
bad for your health.

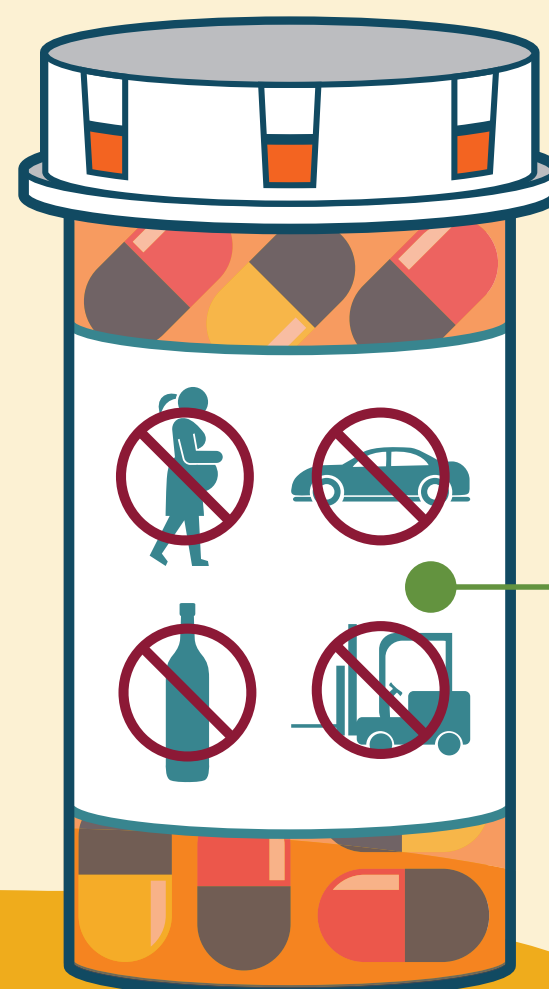
Take your medicine ...

... in the
right doses



... at the
right time

... the
right way



Tips



Use a **weekly**
pillbox.



Create **reminders**
with notes or alarms.



Ask for **help** if you're
having trouble
taking your medications.



Review **all your**
medications with your care
team at every health visit.

For your safety, don't stop taking any medication without talking to your care team.

Visit **CardioSmart.org/Meds** to learn more.

 @ACCinTouch #CardioSmart

